

## For pregnant women whose native language is not Japanese

Congratulations on your pregnancy

This clinic aims to support you during pregnancy, at your time of delivery as well as in your postnatal period by making the safety of you and your baby our top priority. With this in mind, **please follow our policy on health care** during these three important stages.

We will make every effort possible to accommodate both you and your family's preferences. However, we may not be able to accede to all of your wishes because of the need to provide safe medical care, which please note.

- In this clinic, we have a number of doctors, midwives and nurses who can speak basic English but **our services are mainly in Japanese**.
- If you require a translator to assist in explaining your medical condition, then you should **arrange for an interpreter to be present** during all your medical consultations. Because for reasons of privacy we cannot involve a third party interpreter to translate via a mobile phone during consultation periods.
- We provide pregnancy classes which are held during early pregnancy, 15-17 weeks, 25-27 weeks and 35-37 weeks. These classes are provided in Japanese. So, if you need translation during these classes, then you must bring your interpreter.
- **A situation could arise where a translator may be urgently required**, for example, if the condition of you or your baby required urgent attention and hospitalization or, for example, where a Cesarean section was imminently required.

If you are unable to make arrangements to fit in with the above requirements, then we may not be able to admit you for delivery.

We would like to work closely with you to support you during your childbirth by fitting in with your birth plan as far as possible without compromising you or your baby's safety and privacy. Your cooperation is greatly appreciated.

